





**Approximate distance: 9.5 miles**

Hidden coves, dolphin spotting and prehistoric rock strata on this coastal walk that follows in the footsteps of Lloyd George.

**1. Harbour Wall – The start**

The curled arm of the wall extends out to sea giving you great views of the town.

Follow signs for the coastal path and head up through town to the cliff path.

**4. Castell Bach and Cwm Soden**

Above the beach are the remains of an Iron Age hill fort which once extended as far as the rock pinnacles to the right. Below it are some amazing rock formations.

**2. Dolphin watch station and bird rock**

Be careful as there are sheer drops.

'Craig Yr Adar' is a great place to watch sea birds.

The old coastguard hut provides shelter and a seat to watch dolphins from.

**5. Cym Tyddu**

This is the 4 mile mark and good spot for a rest.

There used to be a lime loading harbour here – the kiln is nearby and it's a good spot for seal watching in autumn.

**3. Smuggler's cove**

This small beach is only accessible on foot.

There's a small nature reserve here where you can find the rare, pearl bordered fritillary butterfly.

**6. The path leading to the Urdd Centre**

A steep path cut out of the hillside takes you towards the Ynys Lochtyn peninsula so be brave and don't look down!

You'll spot the centre's dry ski slope from here.



### 7. Ynys Lochtyn peninsula

Follow in Lloyd George's footsteps and take in the amazing peninsula and hidden beach.

If you're lucky you might see some choughs so listen out for their calls.



### 8. Llangrannog – The end

'Carreg Bicca' guards the bay entrance.

Legend says it's the remains of an aching tooth, ripped from the mouth of the giant 'Bicca' and thrown into the sea.