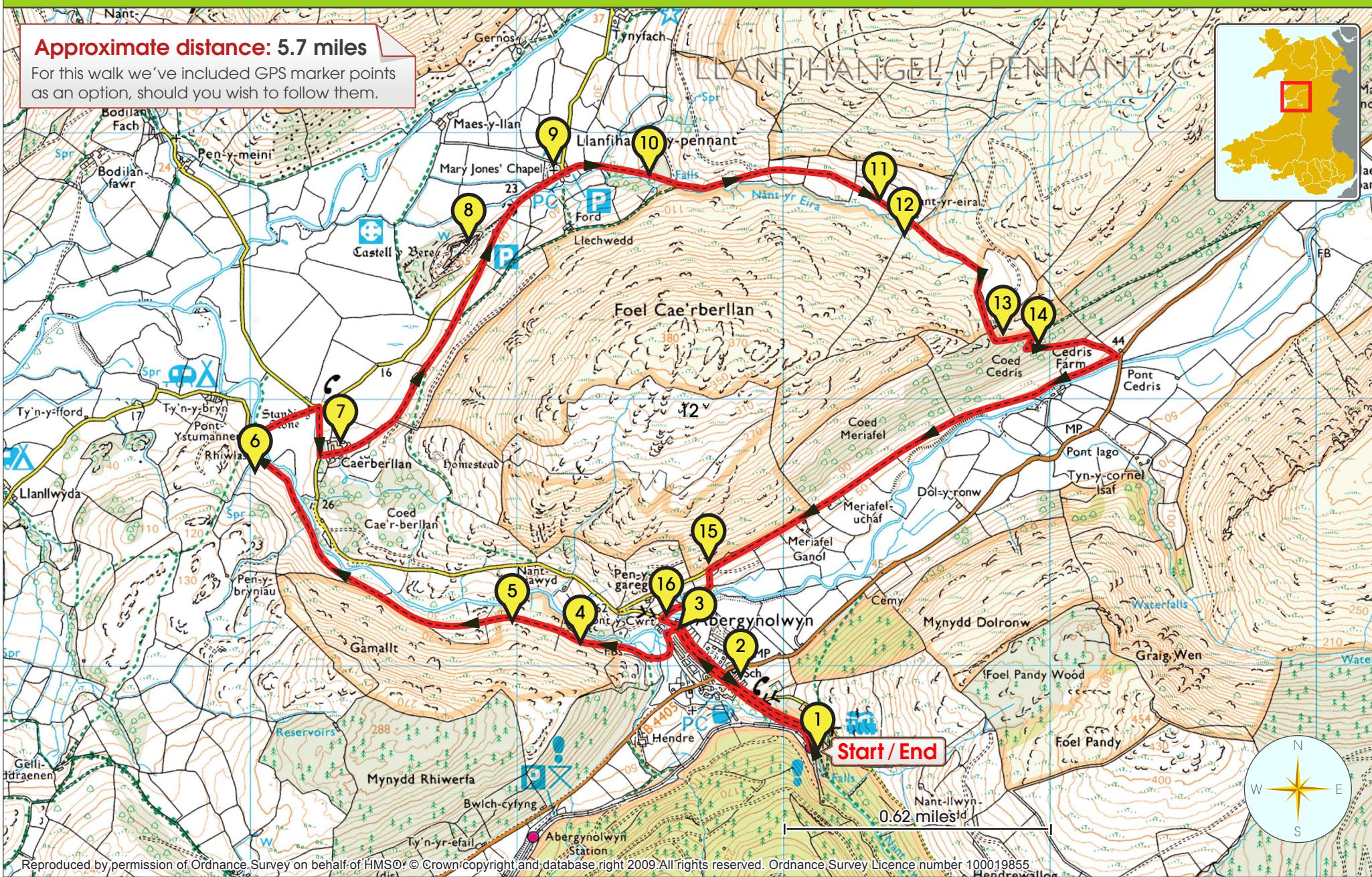


## wales nature&amp;outdoors

## Weatherman Walking - Abergynolwyn



The Weatherman Walking maps are intended as a guide to the TV programme only. Routes and conditions may have changed since the programme was made.

The BBC takes no responsibility for any accident or injury that may occur while following the route. Always wear appropriate clothing and footwear and check weather conditions before heading out.

**Approximate distance: 5.7 miles**

Steam trains, a magnificent hill top castle surrounded by mountains and converging rivers make this a walk to remember.

**1. Nant Gwernol Station**

52.64185° N, -3.95062° W

Steam trains used this line to transport slate from the nearby Bryn Eglyws quarry to places as far afield as London and Birmingham.

**4. Cow rings and trough**

52.64588° N, -3.96543° W

A rocky outcrop marks the spot where small iron rings have been embedded into the rock.

These were used by local farm women to tether cows.

**2. Quarrymen's houses**

52.644° N, -3.95545° W

These picturesque, old stone terraces show real craftsmanship and once housed workers from the nearby quarry.

**5. Valley views**

52.64898° N, -3.97893 ° W

Follow the track down along the valley and through a wooden gate.

The steep hillsides were covered in rusty bracken when we walked here in October.

**3. Capel y Cwrt**

52.64586° N, -3.95856° W

At the end of the road before the stone bridge is an area known as Y Cwrt.

Turn left at the chapel and walk down behind the cottages, turning right onto a footbridge.

**6. Stone wall**

From here you will have see some spectacular views down towards Foel Cae'rberllan and Castell Y Bere.

Turn right onto the bridge and head up the road.



### 7. Caerberllan farmhouse

52.65122° N, -3.97786° W

This amazing building was built in 1590 and has an infamous history of murder and family feuds.

Walk through the farmyard and onto the castle.



### 10. Oak forests

52.66129° N, -3.96341° W

An overgrown track opens up where oak trees hug the river bends.

Follow a winding path up to a lovely waterfall. Head up the hill and over the style.



### 8. Castell Y Bere

52.65887° N, -3.97578° W

Started by Llewelyn the Great in 1221, it was captured by the English in 1283.

This mountain fortress perched high on a rocky spur has commanding views over the valley.



### 11. Split rock

52.66021° N, -3.95607° W

Take a look and see if you can spot the local farmers' graffiti on it where they've carved their names.

Ahead lies a spectacular route through the valley.



### 9. Mary Jones' chapel (St Michael's Church)

52.66110° N, -3.96586° W

Walking down from the castle we veered left towards Ty'n y Ddol.

Mary Jones was a local girl who walked 25 miles from here to Bala in bare feet, just to get her copy of a Welsh bible.



### 12. Old stone boundary walls

52.65968° N, -3.94567° W

Along this route you'll spot old stone field boundary walls - some of which go right up and over the mountain tops.



### 13. Views over the Bala fault line

52.65576° N, -3.94098° W

Pass the sheep pens and head down the track and take in views across the valley, to an old geological fault line which is actually a rupture in the land.



### 16. Pont y Cwrt

52.646053, -3.95901

After a short stroll along the banks of the river you'll arrive at a stone bridge.

Make your way up onto the road, turn left and head back towards the train station.



### 14. Mountain oak woodlands

52.65610° N, -3.93905° W

Follow a steep, winding track down through a wonderful forest of mountain oak known as Coed Cedris, until you reach the field below and turn right.



### 15. The river path

52.647794, -3.956737

After approximately half a mile turn left at a signpost near a house and make your way down various steps and styles to the river.