

YOUR SCORE CARD

For each question follow the on-screen instructions

TALLY
✓ or ✗

Q1 COIN TEASER
Routine Observation

L R

Q2 VANISHING PAINTING
Visual Recognition

1 2 3
4 5 6

Q3 NUMBER CRUNCH
Digit Span

PART 1

1 2 3
4 5 6
7

PART 2

1 2 3
4 5 6
7

Q4 IDENTITY PARADE
Names & Faces

1 2 3
4 5

Q5 MANOR FLOOR PLAN
Spatial Layout

1 2 3
4 5 6
7

Q6 SECURITY CHECK
Prospective Memory

PAINTINGS

Q7 SOLVE THE MYSTERY
Multiple Memory Processes

PART 1

1ST T F
2ND T F
3RD T F
4TH T F
5TH T F

PART 2



HOW TO IMPROVE YOUR MEMORY

WEDNESDAY 9TH AUGUST, BBC ONE 8.30PM

BBC.CO.UK/MEMORY