

BBC guidance for managing COVID cases

This guidance is consistent with current public health guidance issued by all UK nations and was last updated 27 Oct 2022

<p>Person tests positive for COVID and/or develops COVID symptoms (that include a high temperature or mean the person does not feel well enough to attend work)</p>	<ul style="list-style-type: none">➤ The person should inform their team leader➤ The person should work from home (if well enough) for the following period:<ul style="list-style-type: none">▪ If they have tested positive, for 5 days after they took their test▪ If they haven't tested positive or taken a test, until they feel well enough to attend work and no longer have a high temperature➤ If it isn't possible to work from home (and the person feels well enough to attend work) options should be discussed with the team leader➤ There is no requirement to test for COVID if feeling unwell, or to take a test before returning to work UNLESS this is a specific control measure identified by a local risk assessment➤ Consider the additional measures listed below for 10 days, especially if the person hasn't tested negative
<p>ADDITIONAL CONSIDERATIONS</p> <p>Take a risk-based approach and consider business continuity</p>	<ul style="list-style-type: none">➤ Avoid close contact with those at higher risk of serious illness from COVID. Follow procedures outlined in BBC 'Living with COVID' guidance for people at higher risk. These apply to staff, freelancers, team leaders and contributors.➤ Limit close contact, especially in crowded, enclosed or poorly ventilated spaces – for example shared cars, people's homes➤ Consider raised risk of impact during international travel due to local testing and isolation requirements➤ Wash hands frequently and cover your nose and mouth if you cough or sneeze➤ Wipe down workstations before and after use➤ Wear a face covering, especially if unable to maintain distance➤ Avoid visiting health and social care settings where possible➤ Check NHS page to find out which specific groups are still entitled to free COVID tests➤ Refer to NHS guidance for current list of COVID symptoms
<p>Individual identified as close contact of a positive COVID case AND does not have COVID symptoms</p>	<ul style="list-style-type: none">➤ Consider the additional measures listed above➤ Risk of infection remains for 10 days after last close contact with positive case➤ Risk of infection is higher if the close contact is someone from your household➤ Consider whether working from home is practicable and appropriate, especially if the close contact is a household member➤ Remember to take a risk-based approach and consider business continuity