

BBC guidance for managing COVID cases

This guidance is consistent with current public health guidance issued by all UK nations and was last updated 27 Oct 2022

<p>Person tests positive for COVID and/or develops COVID symptoms (that include a high temperature or mean the person does not feel well enough to attend work)</p>	<ul style="list-style-type: none">➤ The person should inform their team leader➤ The person should work from home (if well enough) for the following period:<ul style="list-style-type: none">▪ If they have tested positive, for 5 days after they took their test▪ If they haven't tested positive or taken a test, until they feel well enough to attend work and no longer have a high temperature➤ If it isn't possible to work from home (and the person feels well enough to attend work) options should be discussed with the team leader➤ There is no requirement to test for COVID if feeling unwell, or to take a test before returning to work UNLESS this is a specific control measure identified by a local risk assessment➤ Consider the additional measures listed below for 10 days, especially if the person hasn't tested negative
<p>ADDITIONAL CONSIDERATIONS</p> <p>Take a risk-based approach and consider business continuity</p>	<ul style="list-style-type: none">➤ Avoid close contact with those at higher risk of serious illness from COVID. <u>Follow procedures</u> outlined in BBC 'Living with COVID' guidance for people at higher risk. These apply to staff, freelancers, team leaders and contributors.➤ Limit close contact, especially in crowded, enclosed or poorly ventilated spaces – for example shared cars, people's homes➤ Consider raised risk of impact during international travel due to local testing and isolation requirements➤ Wash hands frequently and cover your nose and mouth if you cough or sneeze➤ Wipe down workstations before and after use➤ Wear a face covering, especially if unable to maintain distance➤ Avoid visiting health and social care settings where possible➤ Check NHS page to find out which specific groups are still entitled to free COVID tests➤ Refer to NHS guidance for current list of COVID symptoms
<p>Individual identified as close contact of a positive COVID case AND does not have COVID symptoms</p>	<ul style="list-style-type: none">➤ Consider the additional measures listed above➤ Risk of infection remains for 10 days after last close contact with positive case➤ Risk of infection is higher if the close contact is someone from your household➤ Consider whether working from home is practicable and appropriate, especially if the close contact is a household member➤ Remember to take a risk-based approach and consider business continuity