

PROGRAMME INFORMATION

Nóra picks flowers in the garden before she says "good morning" to the sun, and wakes up her brothers and sisters.

They all say "good morning" to the sun, before singing their breakfast song and getting their breakfast ready.

After brushing their teeth and changing out of their pyjamas, the magic bubble machine shows them how Eoghan and his brother Lochlainn brush their teeth.

Then Nóra reads them a story about a boy who gets up early every day to say "good morning" to the sun.

After storytime, the twins want to go outside to greet the sun, but Naoise can't come - his shoe laces are untied, and they have to help their little brother get ready. Then they all put on their hats before going out to the garden to say good morning to the sun.

LEARNING OUTCOMES

- **Language development**

Vocabulary relating to morning routines and eating and drinking is both introduced and reinforced.

- **Personal development and movement**

Na Dódaí demonstrate co-operation and respect for others as they get ready for a new day.

They show an awareness of and appreciation for the natural world, the heat and light of the sun, the beautiful flowers in their garden.

They demonstrate clearly how much they enjoy going outside to play, and they show a good example by eating a healthy breakfast and brushing their own teeth.

Nóra encourages the twins to help their little brother, who is not yet able to do all the things they can do and they feel good about themselves when they help him get ready to go out and play.

- **The Arts**

Music plays a large part in their morning routine, and through the use of different instrumentation and tempo, the same melody is used to highlight different feelings and emotions.

Ruairí uses role-play based on the story when he goes outside to greet the sun.

- **The world around us**

Na Dódaí obviously love their garden, the colour and scent of the flowers adds to their happy mood. The twins indicate how the heat and light of the sun helps the garden, and themselves to grow.

The story subtly points out the differences between daytime and nighttime, light and dark.

SUGGESTED ACTIVITIES

1. If there is space available, plant flower seeds or bulbs outside the classroom. The children can water them, and watch as they grow.
2. Alternatively, plant cress or alfalfa seeds on moistened cotton wool and leave on a sunny window to sprout – these can then be included in a sandwich at break-time.
3. Use puréed strawberry to make pink Dódaí milk for breaktime – try making different coloured drinks using other fruits puréed into smoothies with either milk, fruit juice or yoghurt
4. Use chopped fruit at break time to make smiley faces and flower pictures – which can then be eaten.
5. If your school has no garden then make one on a wall inside your classroom. Children use small paper plates to make and paint flowers, these are then grouped around a big yellow sun to make a colourful display.

Story 5

– Irish version

Seo Conchúr.

Éiríonn Conchúr go brea luath gach lá. Agus an bhfuil a fhios agaibh cad chuige??

Mar is maith leis fáilte a chur roimh an ghrian. "Maidin mhaith", a deir se. "Maidin mhaith."

Agus éiríonn sé níos luaithe gach maidin.

Ach ansin, maidin amháin nuair a mhusclaíonn Conchúr go breá luath níl an ghrian ann. Níl an ghrian le feiceáil in áit ar bith. Tá sé dorch, dubh dorch agus tá sé fuar. Agus tá úafas ar Chonchúr.

Ritheann sé chuig fuinneog eile, ach níl an ghrian ann. Téann se go barr an tí, ach níl an ghrian ann. Tá gach áit fuar agus dorch.

Tá Conchúr buartha. Tá Conchúr iontach buartha ar fad. NÍ thuigeann sé cad é atá cearr. Ní thuigeann sé cad chuige a bhfuil gach áit fuar agus dorch.

Is breá le Conchúr an ghrian. Is breá leis "maidin mhaith" a rá leis an ghrian. Ach inniu ní féidir leis "maidin mhaith" a rá leis an ghrian. Ní thig leis "maidin mhaith" a rá le duine ar bith ach oiread, mar gan ghrian, ní maidin mhaith í.

Téann Conchúr bocht ar ais a luí. Cuireann sé a cheann faoi na pluideanna agus fanann sé tamall. Ansin i ndiaidh tamaill amharcann sé amach arís.

Níl sé dorch a thuilleadh. Agus tá an ghrian ag lonrú fríd an fhuinneog.

Maidin mhaith a ghrian! Maidin atá ann faoi dheireadh. Léimeann Conchúr amach as an leaba agus scairteann sé 'maidin mhaith' amach os ard. Anois, tá gach áit geal agus deas te teolaí.

Maidin mhaith atá ann faoi dheireadh.



Story 5

– English version

This is Conchur.

Conchur gets up bright and early every day. And do you know why?

Because he likes to welcome the sun.

"Good morning" he says, "good morning."

And he gets up earlier every day.

But then one morning when Conchur gets up good and early the sun is nowhere to be seen, nowhere at all. It's dark, pitch dark and it's cold.

Conchur is horrified.

He runs to another window, but the sun isn't there. He goes to the top of the house but there is no sun. Everywhere's cold and dark.

Conchur is worried. He is very worried indeed. He doesn't know what's wrong. He doesn't understand why everywhere is cold and dark.

Conchur loves the sun. He loves saying good morning to the sun. But today he can't say good morning to the sun. He can't say good morning to anyone else either because without the sun it isn't a good morning.

Poor Conchur goes back to bed. He puts his head under the blankets and waits for a while. Then after a while he looks out. It's not dark any more. And the sun is shining through the window

Good morning sun!

Now it really is morning. Conchur jumps out of bed and calls out "good morning" at the top of his voice. Now everywhere is nice and bright and warm.

Good morning! It's a good morning at last.

