

leisure activities

<p>Learn with television</p> <p>Talk Italian: Programme 6</p> <p>Discover how Italians in Viareggio spend their free time and what a range of energetic pursuits they enjoy.</p> <p>Talk Italian is repeated regularly on BBC Learning Zone (BBC Two). Check out the details on www.bbc.co.uk/learningzone and video all the programmes to watch at your leisure.</p>	<p>Learn online</p> <p>www.bbc.co.uk/languages/italian</p> <p>Talk Italian: Sport and leisure</p> <p>Focus on selected clips from the TV programme and get to grips with the practice activities.</p> <p>Italianissimo: In vacanza</p> <p>Meet some Italians who are less energetic than the ones in Talk Italian and who spend their time relaxing on the beach. Learn from them how to say <i>why</i> you enjoy doing something.</p>
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Learning hint

In the surveys in the Talk Italian television programme, you'll hear people say **penso** (I think), **quindi** (that is) and **insomma** (in short).

These 'filling in' words are worth getting familiar with since using them not only makes your Italian sound very authentic but also gives you time to think. Listen out for them when you're in Italy: **Allora** (Well) is one that's very widely used.

<p>Key language</p> <p>I miei hobby sono... My hobbies are...</p> <p>Perché sei/ è qui? Why are you here? (informal/ formal)</p> <p>Sono qui I'm here</p> <p>...per divertirmi ...to enjoy myself</p> <p>...per tenermi in forma ...to keep fit</p> <p>perché because</p> <p>...ho bisogno di riposarmi ...I need to rest</p> <p>...è molto divertente ...it's great fun</p> <p>Mi piace I like</p>	<p>Useful vocabulary</p> <p>giocare to play</p> <p>andare to go</p> <p>camminare to walk</p> <p>sciare to ski</p> <p>nuotare to swim</p> <p>prendere il sole to sunbathe</p> <p>rilassarmi to relax</p> <p>rilassante relaxing</p>
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Quiz

1. What sport is **il calcio**?
2. What does **È molto divertente camminare in montagna** mean?
3. You're invited to play **pallavolo** and you want to explain that you're not a particularly sporty person. What would you say?
4. And how would you go on to explain that you prefer swimming?
5. A student doing a tourist survey on the beach asks you **Perché sei qui?** How would you say you're there because it's relaxing?
6. What words will you need to add to the sentence **Ho _____ di _____** to say 'I need to keep fit'?

Answers on www.bbc.co.uk/languages/italian/answers.shtml