

Cooking: video B

The 'Café des Fédérations', one of the typical 'bouchons' of Lyon.
Eating here is almost like being at home.
You'll even find the boss, Yves Rivoiron, sitting with friends.

Nathalie: "So explain to me, what is a bouchon?"

Yves: "A bouchon... well it's what you have here, this kind of ambience.
It is to do with being convivial, er, eating well. People who come to us, they spend all evening here."

Nathalie: "It's a restaurant. It's..."

Yves: "No it isn't a restaurant. It's a bouchon. A restaurant is something else. What we are here is a bouchon, it's more intimate."

Jean-Louis: "For a start a bouchon has a convivial atmosphere, we like to have people here who enjoy the good things in life."

Nathalie: "What are the origins of the cuisine in Lyon?"

Félix: "Cooking in Lyon has a huge Italian influence. The Italian renaissance in Lyon was very important. It brought us the onion, we use a lot of onions in our cooking. That comes from Piedmont, from Italian cooking."

Jean-Louis: "Here we call them onions."

Félix: "Here we call them onions. Why are you telling me this?"

Nathalie: "About what?"

Félix: "Onions."

Nathalie: "So how are you saying onions?"

Félix: "Onions! Onions for heaven's sake! Well that's the Lyon accent for you."

Nathalie: "Eric, what is your speciality?"

Eric: "Me...my speciality is 'blanquette de veau' (veal stew in a cream sauce). You sauté it...you sauté veal flanks, you brown them in butter and after that you make a lovely sauce with cream. And of course I have a secret touch that's...I don't want Mr Rivoiron to hear."

Nathalie: "Block [your ears]...Ok go on then, what's the secret?"

Eric: "A tiny touch of lemon."

Nathalie: "What?"

Eric: "A bit of lemon to give it sharpness, but just a touch."

Nathalie: "Very good. And who taught you this dish?"

Eric: "My mother, it was my mother."

Nathalie: "Jean-Louis!"

Jean-Louis: "My speciality dish is well... in particular it's oxtail simmered in tomatoes and shallots. I sell tons of it, and I also have it myself. Because first and foremost you have to share the things you love."

Nathalie: "May I taste some please?"

Jean: " Oh absolutely, please do!"

Yves: "Well you're lucky because normally he won't let anyone near his plate. You're in favour!"

Jean-Louis: "Ah! This is very special!"

Nathalie: "Hmm...hmm."

Jean-Louis: "Even the flavour sings to you."